

# Westhill Catholic Parish Bulletin



**Parish Priest:** Fr Emmet O' Dowd

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Trinity Church, Westhill Drive,  
Westhill, AB32 6FY

## 26<sup>th</sup> Sunday in Ordinary Time 1<sup>st</sup> October 2023

The readings for Mass can be found on <https://universalis.com/20231001/mass.htm>

### MASS TIMES

<b>Monday 2<sup>nd</sup> October</b>	Mass at <b>5:30 pm</b> in the Small Chapel. Rosary from 5:10 pm. The Legion of Mary group will meet at 6 pm.
<b>Thursday 5<sup>th</sup> October</b>	Mass at <b>10 am</b> in the Small Chapel. Adoration from 9 am. Rosary from 9:35 am. The Rosary Cenacle Prayer Group and Mothers Prayers Group will meet after the Mass.
<b>Sunday 8<sup>th</sup> October</b>	Mass at <b>9 am</b> .

### THE SACRAMENT OF CONFESSION

Confession is available before, or after, all Masses or by arrangement with Fr Emmet.

### COLLECTION

The collection for Sunday 24<sup>th</sup> September was £152. Thank you very much for your generosity. **Please note that on Sunday 1<sup>st</sup> October there will be a second collection for the sick and retired Priests of the Diocese.**

## UPCOMING EVENTS

### Children's Liturgy on Sunday 1<sup>st</sup> October

Children's Liturgy is open to all children from toddlers up to around Confirmation age.

### Sunday School for First Confession & First Holy Communion, Sunday 1<sup>st</sup> October

Classes will be held in the Small Chapel after the 9 am Mass and are led by Moyra Stephen ([moyrastephen@gmail.com](mailto:moyrastephen@gmail.com)).

### Adoration Volunteers, St Mary's Cathedral

Eucharistic Adoration is an affirmation of our faith. Through this vigil of prayer, we give witness to our belief that God is truly dwelling with His people.

Fr Keith is looking for Adoration Volunteers especially on a Friday afternoon, for at least an hour with the Lord. Book your Holy Hour [here](#).

### Shroud of Turin Exhibition at St Mary's Cathedral until Sunday 8<sup>th</sup> October

A full-size copy of the world-famous Shroud of Turin is on exhibition at St Mary's Cathedral. It will be on display until Sunday 8<sup>th</sup> October and will be available to view outside of Mass times. More information can be found [here](#).

### Parish Retreat, Saturday 14<sup>th</sup> October, 10 am at Trinity Church

We will begin with Mass at 10 am followed by the planned spiritual programme led by Sr Francesca Therese, Apostolic Sister of St John. The theme for the retreat day will be: Mary: Beloved Child of the Father *"Therefore I will boast all the more gladly in my weaknesses, so that the power of Christ may rest on me."* - 2 Corinthians 12:9.

### Men's Discipleship Retreat, 27<sup>th</sup> – 29<sup>th</sup> October, Kilcoy Castle (near Inverness)

You are invited to the Discipleship Retreat by the Dominican Sisters of St Cecilia. The cost is £60, and £150 for participants outside Aberdeen. More details to follow soon.

### Parking Restrictions at Ashdale Hall on Sunday 29<sup>th</sup> October

Ashdale Hall have an early morning event on and they have kindly asked that we do not park in their car park. Thank you for your understanding.

### Bingo-Supper, Friday 3<sup>rd</sup> November, 7pm, in St Francis Hall

Fundraiser for the charity 'LET THE CHILDREN LIVE' which is run by Fr Peter Walters. Fr Walters looks after many street children in Columbia. A 2-course supper, with bingo-tickets included, for £15.

### Women's Discipleship Retreat, 3<sup>rd</sup> – 5<sup>th</sup> November, Kilcoy Castle (near Inverness)

You are invited to the Discipleship Retreat by the Dominican Sisters of St Cecilia. The cost is £60, and £150 for participants outside Aberdeen. More details to follow soon.

### Power of Grace Retreat for S2 & S3 Youth, 3<sup>rd</sup> – 5<sup>th</sup> November, Tomintoul

Are you in S2 or S3? Then this is the retreat for you! Fun, Friendship, Prayer & Music, Inspiring Talks, Outdoor Activities and Lots More! For more information or to register contact Sr Bernadette Marie ([op@rcda.scot](mailto:op@rcda.scot)) or Joe Kelly ([youth@cathedral-abdn.org](mailto:youth@cathedral-abdn.org)).

## PRAYER TO THE GUARDIAN ANGELS

On Monday 2<sup>nd</sup> October we celebrate the Feast of the Guardian Angels. The prayer to the Guardian Angels has been present in the Church since at least the beginning of the 12<sup>th</sup> century:

*Angel of God, my Guardian dear,  
to whom His love commits me here,  
ever this day be at my side,  
to light and guard,  
to rule and guide.  
Amen.*

*"For he hath given his angels charge over thee, to keep thee in all thy ways." Psalm 90:11.*

## CAR PARKING

We would like to encourage all parishioners to please use the car park at the church or across the road at Westhill Primary School. Ashdale Hall have a number of events on throughout the year and need their car park to accommodate for these events.

Thank you for your understanding and help with this.

## PARISH SAFEGUARDING

In Trinity Parish, we ensure the safety and wellbeing of all parishioners. To do this, we adhere to the Safeguarding Policies and Procedures of the Catholic Church in Scotland.

These can be read in full in the document [In God's Image](#) or online by following the link to the National Safeguarding Office: [www.scsafeguarding.org.uk](http://www.scsafeguarding.org.uk) or [www.bcos.org.uk](http://www.bcos.org.uk)

The latest edition of Safeguarding Matters Newsletter: [Safeguarding Matters May 2023](#)

The Parish Safeguarding Coordinator is Mrs Anne Rae; her role is to support the parish by organising the recruitment, induction and training of volunteers who work with children, young people or adults at risk. She is the person to approach if you have any Safeguarding issues to discuss or report (email: [trinitywesthillpsc@rcd-abdn.org](mailto:trinitywesthillpsc@rcd-abdn.org)).

## THE SUNG MASS PARTS

The sung Mass parts can be found at the back of the Parish Mass book.

The Gloria, which we sing each week, can be found on page 208.

Some weeks we will also use the other Mass parts from the Parish Mass book. They are The Holy Holy (p. 213), the Mystery of Faith (p. 213-4), and The Lamb of God (p. 216). This will be announced before Mass.

## PARISH GROUPS

**The Legion of Mary, weekly meetings in the Small Chapel, Monday evenings at 6 pm.**  
**Contact: Eugene Ogosi (Tel: 07983125904).**

The Legion of Mary is a lay apostolic association of Catholics, who under the leadership of Mary, serve the Church and the community on a voluntary basis. Meetings consist of prayers (including the rosary), a sermon, reports and discussions.

**The Rosary Cenacle Prayer Group, weekly meetings, Thursdays after the 10 am Mass.**  
All are very welcome. We pray especially for our priests, the Pope and for our families. For more information: <https://mmp-usa.net/>

**Mothers Prayers Group, weekly meetings on Thursdays after the 10 am Mass.**  
The 'Mothers Prayers' prayer group was begun by mothers in England in 1995. These mothers felt that they should bring all the pain and the worries they had for their children to Christ and to trust in His words 'Ask and you will receive.'

## SUPPORTING OUR PARISH

You can support the work of our parish financially either in the **Offertory Collection Basket** at the door, using our **Offertory Envelopes**, or by setting up a **Standing Order** so that money will be donated to the parish every week or month.

If you use the envelopes or set up a standing order and you pay tax, we can claim **Gift Aid** for every donation that you make. This means that we receive a further 25p for every £1 you donate, at no extra cost to you.

To register for **Gift Aid**, to get offertory envelopes, or to set up a Standing Order, please speak to Fr Emmet either directly before or after Mass or by phone/email and he will give you the details. **Thank you to all of you.**